

Genetic Insights: quick reference guide for healthcare providers

This guide is intended to facilitate a discussion between a provider and their patient.

Genetic Insights test results

Key results

Genetic Insights is a screening test that analyzes a number of genes linked to certain health conditions. Typically, a quick reference guide is available that details the test results and provides more information about what the results mean. However, in your patient's case, there is not a quick reference guide that covers their specific result(s). The details about their result(s) are available in the laboratory report.

Next steps

Clinical recommendations	Resources
Have questions?	Call 1.866.GENE.INFO (1.866.436.3463) to speak to a specialized Quest genetic counselor or geneticist available to healthcare providers to discuss test selection and results.
<i>Refer your patient to a genetic counselor.</i>	Your patient can schedule a 1-on-1 remote genetic counseling session through their online Genetic Insights dashboard at no additional cost.
<i>Genetic counselors can provide counseling on the implications of this test result and next steps for your patient.</i>	To find a genetic counselor practicing in your patient's area for an in-person session, please visit FindAGeneticCounselor.NSGC.org

Visit QuestDiagnostics.com/Genetic-Health-Screening for more information about this test.

This information is not a substitute for medical advice, diagnosis, or treatment. The diagnosis or treatment of any disease or condition may be based on personal history, family history, symptoms, a physical examination, laboratory test results, and other information considered important by a healthcare provider.

Individuals should talk with a healthcare provider about the meaning of genetic test results and before stopping, starting, or changing any medication or treatment.

Genetic Insights is a test developed and performed by Quest Diagnostics. The test results are not diagnostic and do not determine overall chances of developing a disease or health condition. The tests are not cleared or approved by the US Food and Drug Administration.

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